Why accountable care organizations are like vegan barbecue

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Jeff Goldsmith

Accountable care organizations are one of the key elements of the federal health reform law popularly known as ObamaCare, but many physicians and health policy experts think ACOs are a disaster waiting to happen.

Count Jeff Goldsmith, PhD, among them.

Goldsmith is president of Health Futures, a Virginia-based consulting and advisory firm he founded. An author, public speaker and former national advisor to Ernst & Young, Goldsmith wrote a recently issued white paper from The Physicians Foundation that lays out a "blueprint" for resdesigning the U.S. health system.

In the Q&A below, Goldsmith talks about why it'll take more than just higher compensation to relieve the primary care shortage, what needs to happen for direct primary care to take off and why ACOs are "like vegan barbecue."